Complete Streets – Some Assembly Required





Walk and Roll: Transformations in Transportation APBP PDS/Memphis, TN June 28, 2017

We've known how to build great streets...



What Happened???





"I never know where I'm going to cross, so I keep the sign with me."

The Results



April 22, 2003



The way cities and suburbs are developed could be bad for your health By Martha T. Moore USA TODAY

Why don't Americans walk anywhere?

Old answer: They're lazy. New answer: They can't.

There is no sidewalk outside the front door, school is 5 miles away, and there's a six-lane highway between home and the supermarket.

Many experts on public health say the way neighborhoods are built is to blame for Americans' physical inactivity – and the resulting epidemic of obesity.

The health concern is a new slant on the issue of suburban sprawl, which metro regions have been struggling with for a decade. These health experts bring the deep-pocketed force of private foundations and public agencies into discussions about what neighborhoods should look like.

The argument over whether suburbs are bad for your health will hit many Americans

precisely where they live: in a house with a big lawn on a cul-de-sac.



"The potential for actually tackling some of these things, with the savvy of the folks who have tackled tobacco, is

the folks who have tackled tobacco, is enormous," says Ellen Vanderslice, head of America Walks, a pedestrian advocacy group based in Portland, Ore.

A study by the federal Centers for Disease Control and Prevention is tracking 8,000 residents of Atlanta to determine whether the neighborhood they live in influences their level of physical exercise. The Robert Wood Johnson Foundation in New Jersey.

Obesity Trends Among U.S. Adults 2008 - 2010



Center for Disease Control, 2010

WATER ON MARS New Hints of Life 'ME, MYSELF & IRENE' The Wild Men of Comedy

Six Million Kids Are Seriously Overweight. What Families Can Do. By Geoffrey Cowley & Sharon Begley



- 31% of US adults are obese,
 65% are obese or overweight
 -- and gaining 1-2 lbs a year
- Between 10% and 15% of children and teens are overweight/obese -- and more likely to become obese adults
- Overweight/obesity rates highest in low-income and minority populations
- Obesity health and productivity costs exceed \$147 billion per year
- 956 Billion in cost 2030

Paradigm Shift for Public Health Research: Community Design and Transportation Matter



Brookings Institute Study Walkability Adds

- \$9 /sqft to office rents
- \$7/ sqft to retail rents
- \$300 more for monthly rents
- \$82 /sqft to home values

As neighborhoods step up the walkability ladder household income increases by some \$10,000.



Trends

- Millennials driving less
 - Low car ownership
 - Open to multi-modal travel
 - Seeks affordability
- Changing Parking Direction
 - Pushing parking to the edges
 - Building parking decks = \$\$\$\$
 - Highest and best purpose for valuable real estate
- Growth/Interest in diversity of transportation options



People are driving less...



Goal: Move PEOPLE, not just cars





Complete Streets: So what's next?

- Changing the rules
- Show me the \$\$!
- Implementation challenges

Conventional Transportation Philosophy

Capacity

Operational Efficiency

Vehicular LOS

• Minimize Vehicular Delay



Holistic Transportation Strategy

- Livability and balance "Complete Streets"
- Combine land use and transportation improvements
- Full range of seamless multi-modal opportunities transit, pedestrian, bicycle, and roadway networks
- Context sensitive solutions utilize inherent flexibility in design
- Collaborative, interdisciplinary, and community-led design
- Move PEOPLE, not just cars





Think of the Space between Buildings as an Asset

- Parking
 - Parallel
 - Angled (head in/back in)
 - Bicycle
- Wider Sidewalks
- Street Furniture
- Streetscape
- Stormwater
 - Rain Gardens
 - Bioswales
- Bike Facilities
 - Bike lanes
 - Cycle Tracks
 - Multi-use Paths
- Medians
 - Turn lanes
 - Planting opportunities
 - Access Management



Photo by Dan Gallagher, Charlotte DOT

Parking





PARALLEL PARKING OPTIONS

RESIDENTIAL STREET



COMMERCIAL STREET





- Parallel Parking
 - Narrower roadways
 - Parking lane width 6-8', length 20'
- Angle Parking
 - Wider roadways, more parking per block
 - 45° Angle 16' projection
 - 60° Angle 18' projection
 - Back-in angle parking?

Bike Facilities



5-6' wide

Between vehicle lanes & parking

Most appropriate for streets 25-35 mph

Shared Lanes: Most appropriate for streets ≤ 25 mph Typically installed in middle of street



Cycle Track: Buffered, 6-11' wide Images from NACTO Urban Bikeway Design Guide



"Cyclists Spend \$\$"

Medians

Benefits

- Aesthetic Improvement
- Reduces apparent road width
- Improves pedestrian crossing safety
- Consolidates left turn movements
- Minimum Width
 - 4' for raised median without landscape
 - 8' for landscaped median
 - 10' to accommodate left turn lanes
 - 14' to accommodate left turn lanes with adjacent median





Midblock Crossings

- 75% of pedestrian fatalities occur away from intersections
- Most appropriate when:
 - High pedestrian volume
 - Intersections > 600' apart
 - Low-to-moderate speeds (<40 mph)
 - Enforcement
- Visibility is paramount!
 - Crosswalk markings
 - Street lighting
 - Bulbouts, Medians
 - Vehicular warnings (HAWK, etc)





LEGEND



PROPOSED GREENLINE Existing greenline Greenline - Bridge / Trestle Street großsing - At grade Greenline Alternate Route Proposed Pedestrian Access Shared Parking Stream Channel



SHELBY FARMS GREENLINE EXTENSION

SHELBY COUNTY GOVERNMENT | SHELBY FARMS PARK CONSERVANCY TETRATECH RITCHIE SMITH ASSOCIATES | TOLES AND ASSOCIATES FUSS & ONEILL | PSI | APRIL 16, 2012





No Road too Big...



Eastern Extension of the Shelby Farms Greenline – Germantown Parkway Crossing Six Iane arterial, state road, 70,000 ADT









Green Streets Techniques



- Bioswales
- Rain Gardens
- Permeable Pavement



Pavements









Furnishings





'PITTSFIELD' BANNERS AND SIGNS





Additional Considerations

- Transit Accommodations
- Freight Accommodations
- Emergency vehicles
- Utilities
- Street Transitions
- Access Management
- Maintenance
- Wayfinding



Above: Turning Radii Analysis





Images from Urban Design to Accommodate Trees (Gilman) and City of Oceanside

A Policy on Geometric Design of Highways and Streets

2011 6th Edition



"The intent of this policy is to provide guidance" to the designer by referencing a recommended range of values for critical dimensions. Good highway design involves balancing safety, mobility, and preservation of scenic, aesthetic, historic, cultural, and environmental resources. This policy is therefore not intended to be a detailed design manual that could supersede the need for the application of sound principles by the knowledgeable design professional. Sufficient flexibility is permitted to encourage independent designs tailored to particular situations. Minimum values are either given or implied by the lower value in a given range of values. The larger values within the ranges may be used where social, economic, and environmental impacts are not critical. Engineering judgment is exercised by highway agencies to select appropriate design values." From the Forward to the AASHTO Green Book

A Policy on Geometric Design of Highways and Streets

2011 6th Edition



"These geometric design are intended to provide operation efficiency, comfort, safety, and convenience for the motorist. The design concepts presented herein were also developed with consideration for environmental quality. The effects of the various environmental impacts can and should be mitigated by thoughtful design processes. This principle, coupled with that of aesthetic consistency with the surrounding terrain and urban setting, is intended to produce highways that are safe and efficient for users, acceptable to non-users, and in harmony with the environment." From the Forward to the AASHTO

Green Book

FHWA Policy Statement (2010)

"Walking and bicycling foster safer, more livable, family-friendly communities; promote physical activity and health; and reduce vehicle emissions and fuel use. "

"... DOT encourages transportation agencies to **go beyond the minimum requirements**, and proactively provide convenient, safe, and context-sensitive facilities that foster increased use by bicyclists and pedestrians

FHWA. United States Department of Transportation Policy Statement on Bicycle and Pedestrian Accommodation Regulations and Recommendations. 2010. United States Department of Transportation Policy Statement on Bicycle and Pedestrian Accommodation Regulations and Recommendations

Signed on March 11, 2010 and announced March 15, 2010

Purpose

The United States Department of Transportation (DOT) is providing this Policy Statement to reflect the Department's support for the development of fully integrated active transportation networks. The establishment of well-connected walking and bicycling networks is an important component for livable communities, and their design should be a part of Federal-aid project developments. Walking and bicycling foster safer, more livable, family-friendly communities; promote physical activity and health; and reduce vehicle emissions and fuel use. Legislation and regulations exist that require inclusion of bicycle and pedestrian policies and projects into transportation plans and project development. Accordingly, transportation agencies should plan, fund, and implement improvements to their walking and bicycling networks, including linkages to transit. In addition, DOT encourages transportation agencies to go beyond the minimum requirements, and proactively provide convenient, safe, and context-sensitive facilities that foster increased use by bicyclists and pedestrians of all ages and abilities, and utilize universal design characteristics when appropriate. Transportation programs and facilities should accommodate people of all ages and abilities, including people too young to drive, people who cannot drive, and people who choose not to drive.

Policy Statement

The DOT policy is to incorporate safe and convenient walking and bicycling facilities into transportation projects. Every transportation agency, including DOT, has the responsibility to improve conditions and opportunities for walking and bicycling and to integrate walking and bicycling into their transportation systems. Because of the numerous individual and community benefits that walking and bicycling provide — including health, safety, environmental, transportation, and quality of life — transportation agencies are encouraged to go beyond minimum standards to provide safe and convenient facilities for these modes.

Authority

This policy is based on various sections in the United States Code (U.S.C.) and the Code of Federal Regulations (CFR) in Title 23—Highways, Title 49—Transportation, and Title 42—The Public Health and Welfare. These sections, provided in the Appendix, describe how bicyclists and pedestrians of all abilities should be involved throughout the planning process, should not be adversely affected by other transportation projects, and should be able to track annual obligations and expenditures on nonmotorized transportation facilities.
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Guidance Today

"This report has been developed in response to widespread interest for improving both mobility choices and community character through a commitment to creating and enhancing walkable communities."

From Chapter 1 of the Recommended Practice, 2010





CONCRESS SOR THE NEW UREANISM

Institute of Transportation Engineers

Further Guidance

- ITE Walkable Thoroughfares (2010)
- NACTO Urban Bikeway Design Guide (2012)
- NACTO Urban Street Design Guide (2013)





And More Guidance...



North Carolina Department of Transportation Complete Streets Planning and Design Guidelines Appendices





State Guidelines

North Carolina

- Complete Streets Policy adopted 2009
- Immediately launched context-specific CS Design Guidelines
- Guidelines finalized 2012

North Carolina Department of Transportation Draft Final Complete Streets Planning and Design Guidelines





Result: CS on state routes where contextually appropriate

URBAN/SUBURBAN MAIN STREET

PLAN VIEW



KEY ELEMENTS

- May function as an arterial, collector or local street. May function as a collector serving as a primary thoroughfare for traffic circulation in a limited area. May function as a local street for an outlying business district.
- Designed to carry vehicles at low speeds.
- A destination street for a city or town, serving as a center of civic, social and commercial activity.
- Serves substantial pedestrian traffic as well as transit and bicycles.
- Characterized by wide sidewalks, crosswalks and pedestrian amenities, due to emphasis on pedestrian travel.
- Bicycle lanes are allowed but typically not necessary on these streets due to lower speeds and volumes and the desire to keep pedestrian crossing distances to a minimum.





STREET CROSS-SECTION ZONES



Sidewaik Zone: The pedestrian walk area is of sufficient width to allow pedestrians to walk safely and comfortably. Pedestrians are the priority on a main street.



Green Zone: Consists of the area between the sidewalk zone and curb. Includes street trees and other landscaping, as well as interspersed street furnishings and pedestrian-scale lighting in a hardscaped amenity zone.



Parking/Transit Zone: Accommodates on-street parking and transit stops. Width and layout may vary.



Bicycle Zone: A zone for bicyclists separate from vehicular traffic.



Motor Vehicle / Shared Vehicle Zone: The primary travel way for vehicles. A shared vehicle zone has mixed traffic (cars, trucks, buses and bicycles).



Development Zone: Development should be pedestrian-oriented with narrow setbacks and an active street environment.

UDO& Design Manual – Raleigh, NC



et type	2-lane collector	2-lane collector
way type	Sidewalk	Sidewalk
ting type	Tree grate	Tree grate / lawn
spacing	30' o.c. avg	30' o.c. avg

Parking type Angle on 2 sides Angle on 2 sides

Plan' Tree

PARALLEL PARKING OPTIONS







ANGLED PARKING OPTIONS





Great Streets, but how do we pay for them?



Images of Alexandria VA courtesy of Code Studio

The OPM Funding Method



People's





Funding: Key Points

- Municipalities can partner with other groups
- Leverage funding and completed work
 - Diverse and complimentary fund sources
 - Partnerships: NFP, NGO's, Corporate, Private
 - Phasing/staging/breakdown of projects
- Be innovative—Leverage/match earmarks, brownfields grants, etc.
- Develop planning ahead of time to be on ball when funding sources come available
- May receive less than requested—initially

So you have a plan...now what?



Main Street/US 64 Downtown Streetscape - COMPLETED



El Paso Avenue Complete Street – COMPLETED

Build it? Not so fast...



Pitfalls AFTER Planning: The Usual Suspects

- Doesn't conform to local/state standards
- Community resistance
- Agency resistance (especially with respect to motorized traffic performance)
- Constructability issues
- Funding constraints (including cost escalation)

Memphis, TN – The Hampline



Jumpstarted with Tactical Urbanism



November 19 & 20 | Broad Avenue Arts District





http://vimeo.com/22106488

Arts District – Broad Avenue



Tillman Street





• Funding (or lack thereof)

 Solution – Crowdsource and foundation match paid for design; CMAQ grant paid for construction

Design

Index Of Sheets

CITY OF MEMPHIS DEPARTMENT OF ENGINEERING

THE HAMPLINE: PHASE 2 TILLMAN STREET

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SPECIAL NOTES

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Challenges

- Funding (or lack thereof)
 - Solution Crowdsource and foundation match paid for design; CMAQ grant paid for construction
- City engineering and state DOT didn't understand project

City has been brought along thru education and is now partner in advocating to TDOT

Hampline – segment opened Fall 2015



Payoffs – Broad Avenue Corridor

\$20+ million in properties purchased, built and/or renovated, completed and/or planned

New Businesses bringing retail, bars/restaurants, medical/dental, spiritual and related services



Water Tower Pavilion

ArtPlace America Grant Winner

- Water Tower becomes beacon
- Street and loading dock area are knitted together via terraced seating
- 500 foot linear park developed
- Community-based programming delivered



Chattanooga, TN – Broad Street







Funding didn't cover ultimate vision Solution: Construct interim phase that could be retrofit later

Broad Street – Open Late 2015









Russellville (AR) Downtown Master Plan (2011)



Main Street/US 64 Initiative







Construction issues with soils Solution: retrofit base material for crosswalks postconstruction

Main Street Bulbouts



El Paso Corridor – Master Plan




Charrette Concept





Challenges

- Construction issues with soils
 - Solution: retrofit base material for paver crosswalks postconstruction
- Discovered massive concrete slab under roadway (former state highway)
 - Solution: Modify design concept to keep centerline in place to avoid significant demolition

El Paso Corridor – Refined Concept



One Way Cycle Track

Design (Fall 2012-Spring 2013)



Construction (2013-2014)



Key: progressive City traffic engineer and supportive university (\$)

"Though El Paso Avenue has its own design, the concept is similar to the H **Street and Parker Road** project, with vehicle travel lanes, bike lanes, trees, sidewalks and period lighting. "It's going to be one cool street," Oakes said... He added that capital road projects such as these are paid for with proceeds from the city's one-cent sales tax."









Post-construction:

- New businesses along corridor
- New businesses downtown
- Foot and bike traffic
- University pursuing mixed use with housing corridor

Strategies to Overcome Challenges in Implementation

- Use national guidance; change the rules
- Collaborate with community at all stages
- Quantify impacts; accept congestion
- Tap non-traditional funding; know your contracting community
- Be flexible with design, but respect the vision

What YOU Can Do

• Reinforce context sensitive solutions

 Highlight flexibility in standards; compile "best of" for Complete Streets guidelines

 Quantify changing travel trends – no longer "business as usual"

• Compile before and after data

Thank You!



Anatomy of a Complete Street



Think of the space between buildings as an asset



Photo by Dan Gallagher, Charlotte DOT

- Parking
 - Parallel
 - Angled (head in/back in)
 - Bicycle
- Wider Sidewalks
- Street Furniture
- Streetscape
- Stormwater
 - Rain Gardens
 - Bioswales
- Bike Facilities
 - Bike lanes
 - Cycle Tracks
 - Multi-use Paths
- Medians
 - Turn lanes
 - Planting opportunities
 - Access Management

A place beyond the curbs



Sidewalk Zone

Sidewalk Zone



Sidewalk Zone

Sidewalk Zone



Sidewalk Zone



Design Elements: Furnishings



Design Elements: Pavement



















Design Elements: Lighting



Design Elements: Plant Materials

